



**World**



**Side-by-Side**

**BreastfeedingWeek**  
**01 - 07 August**

**I REFUSE TO BE  
INFLUENCED BY  
THE FORMULA**



# INDUSTRY



# I AM A



# RESPONSIBLE HEALTHCARE WORKER



@healthZA  
@sidebysideSA

@healthZA @healthZA @healthZA  
@sibebyside\_ZA







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**BreastfeedingWeek  
01 - 07 August**

**I BREASTFEED MY  
BABY  
BECAUSE BREASTMILK IS  
SUPERIOR  
NOTHING  
COMPETES WITH  
BREASTMI  
LK**





**I ENCOURAGE ALL  
MOTHERS TO  
BREASTFEED**





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World Health  
Organization



health

Department:  
Health  
REPUBLIC OF SOUTH AFRICA

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**BreastfeedingWeek  
01 - 07 August**



**I PROTECT MY  
BABY BY  
CONTINUING TO  
BREASTFEED  
FROM SIX MONTHS  
AND BEYOND,  
WHILE OFFERING  
HEALTHY FOODS**



TOO

I ENCOURAGE ALL  
MOTHERS TO



# BREASTFEE D

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**BreastfeedingWeek**  
**01 - 07 August**

**BREASTFEEDING**  
**IS THE MOST**







**NATURAL AND  
HEALTHY  
NOURISHMENT FOR  
ALL BABIES**



# STEP UP AND SUPPORT ALL MOTHERS TO BREASTFEED

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**Breastfeeding Week  
01 - 07 August**



**I ENCOURAGE  
MOMS TO  
BREASTFEED THEIR  
BABIES  
EXCLUSIVELY FOR  
THE FIRST SIX  
MONTHS OF THEIR  
LIVES AND TO  
CONTINUE  
BREASTFEEDING UP  
TO TWO YEARS  
AND/OR BEYOND  
WHILE OFFERING  
HEALTHY FOODS.**



**STEP UP AND  
SUPPORT ALL  
MOTHERS TO  
BREASTFEED**



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BreastfeedingWeek  
01 - 07 August



**AS A STANDARD  
OF CARE, I  
IMPLEMENT THE  
TEN STEPS TO  
SUCCESSFUL  
BREASTFEEDING**



**I AM A  
RESPONSIBLE  
HEALTHCARE  
WORKER**



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@sidebysideSA

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